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Chronic noncommunicable diseases (NCDs) are the leading cause of mortality in the world. These diseases are mainly associated with older age groups and, therefore, their financial burden is expected to increase progressively due to the aging of the population and risk factors derived from unhealthy lifestyle habits. In Colombia, the rise in the prevalence of these diseases has a direct effect on health care system costs, not only because of the treatments and drugs used, but also because of the increase in the population with these comorbidities, making it a challenge for the management of the sector's finances.

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